

Analysis of the Determinants of Alcohol Consumption among Adult Males in Malaysia

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Yong Kang Cheah¹
Rajah Rasiah²

Abstract

The objective of the present study is to examine the socio-economic determinants of alcohol consumption among adult males in Malaysia. A nationally representative data consisting of 13,756 respondents are used. A logistic regression model is applied to examine the factors affecting the likelihood of consuming alcohol. The results show that younger individuals, higher income earners, ethnic Chinese, the well-educated, urban dwellers, private sector employees, the self-employed and smokers are associated with a higher likelihood of consuming alcohol. Studies of this topic appear to have important implications for policy and practice.

Keywords

Alcohol, drinking, health, lifestyle, socio-economic

¹ School of Economics, Finance and Banking, College of Business, Universiti Utara Malaysia, Kedah Darul Aman, Malaysia.

² Faculty of Economics and Administration, University of Malaya, Kuala Lumpur, Malaysia.

Corresponding author:

Yong Kang Cheah, School of Economics, Finance and Banking, College of Business, Universiti Utara Malaysia, 06010 UUM Sintok, Kedah Darul Aman, Malaysia.

E-mail: cheahykang@gmail.com

